

OTHER SERVICES

Scope of aesthetic and cosmetic breast surgery



Reduction mammoplasty



Breast augmentation



Management of breast ptosis or sagging breasts



Correction of size discrepancies

CAN I LOWER MY RISK OF BREAST CANCER?

There is no guaranteed way to prevent breast cancer, but you can take steps to lower your risk:

- Maintain a healthy weight and active lifestyle
- Avoid or quit alcohol and smoking
- Get regular breast screenings
- Breastfeeding lowers the risk

At KD Hospital, we offer multidisciplinary care tailored to each patient's needs.

GENETIC COUNSELLING AND SCREENING AVAILABLE.

Breast cancer is treatable when detected early. Get checked today!

Book an appointment for consultation or screening

☎ 079 6677 0000

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SCAN
QR CODE



COMPREHENSIVE BREAST CANCER CARE FOR BETTER OUTCOMES



UNDERSTANDING BREAST CANCER

Breast cancer begins with abnormal cell growth in breast tissue. While most common in women, it can also affect men, as everyone has breast tissue. Thanks to early detection and advanced treatments, survival rates are improving, and mortality rates are declining.

CAUSES AND RISK FACTORS



Genetic and family history
BRCA1 and BRCA2 mutations



Hormonal influences
Estrogen and progesterone levels



Lifestyle factors
Smoking, alcohol consumption, obesity, and lack of physical activity



Age and gender
Higher risk in women above 50



Environmental factors
Radiation exposure, pollution

SIGNS AND SYMPTOMS

- A lump or thickening in the breast or underarm
- Changes in breast size, shape, or skin texture
- Redness, dimpling, or puckering of the breast skin
- Nipple discharge, inversion, or pain
- Persistent pain or swelling in the breast

IMPORTANCE OF EARLY DETECTION

Self-examination guide

Perform a monthly self-examination by checking for lumps, skin changes, and abnormalities in front of a mirror and while lying down

ADVANCED SCREENING AND DIAGNOSIS



Mammography and
breast ultrasound



CT scans for
precise detection



Guided core needle
biopsy facility

ADVANCED MEDICAL TREATMENT OPTIONS

Radiation therapy: Used after surgery to destroy remaining cancer cells and prevent recurrence.



Chemotherapy: Administered before or after surgery to shrink tumours and eliminate cancer cells.



TARGETED THERAPY AND IMMUNOTHERAPY

- **Targeted therapy:** Attacks specific cancer cell receptors.
- **Immunotherapy:** Helps the immune system fight cancer.
- **Hormonal therapy:** Used for hormone-sensitive breast cancers to block hormone production.

BREAST CANCER SURGICAL MANAGEMENT

Comprehensive surgical approaches for effective cancer removal and recovery.

- **Multimodality breast cancer treatment** – A combination of surgery, chemotherapy, radiation, and targeted therapy for optimal care.
- **Robotic-assisted breast cancer surgery** – Minimally invasive, precision-driven surgery.
- **Breast-conserving surgery and oncoplasty** – Tumour removal with aesthetic reconstruction to preserve breast shape.
- **Sentinel lymph node biopsy** – Minimally invasive technique to assess cancer spread with fewer complications.
- **Axillary lymph node dissection** – Removal of lymph nodes to prevent cancer progression.
- **Mastectomy** – Complete breast removal to eliminate cancer while ensuring patient safety and recovery.
- **Modified radical mastectomy** – Removal of the entire breast along with affected lymph nodes.
- **Chemoport insertion** – Implantation of a port for safe and efficient chemotherapy administration.

BENIGN BREAST CONDITIONS

- Management of fibroadenomas and related breast pain
- Treatment of breast cysts and fibroadenomas
- Lactation-related issues
- Management of breast abscesses

RECONSTRUCTIVE AND REHABILITATIVE SURGERY

Restoring form and function after treatment.

- **Breast reconstruction (autologous and implant-based):** Restores breast shape post-mastectomy.
- **Axillary reverse mapping:** Preserves lymphatic drainage during surgery.
- **LYMPHA (lymphatic microsurgical preventive healing approach):** Prevents lymphedema after lymph node removal.
- **Management of chronic pain after mastectomy:** Relieves post-surgical pain effectively.
- **Lymphedema management:** Reduces swelling and improves lymphatic function.

